

Alcohol and other drug risk assessment tool

The check list and table below can be used to assess current and potential harms that can arise for a young person in relation to their substance using behaviours. This form can be used to guide conversation with the young person in session, or be used as a reflective tool by the practitioner.

Area of concern	What is being assessed	Examples of questions that can be asked.
Acquisition	How is the substance obtained?	Who supplies it? Where does the person go to get it? How is it funded?
Administration	How is the substance taken?	Is it ingested/snorted/injected? Only taken under peer pressure or when stressed? Binge use? Regular use?
Effects of drug	What happens during intoxication?	Takes risks? Disinhibition? Blackouts? Overdose? Exposure to threat/strangers? Aggression?
Withdrawal & recovery	What happens after use?	Physically ill? Depressed? Anxious? Paranoid? Aggressive? Self-harm?

Harms/Consequences	Acquisition	Administration	Effect of drug	Withdrawal
Physical				
Psychological				
Social				

Drug related Risk Taking Behaviours (past/current)

Behaviour	Past	Current	Intervention offered/Comment
Overdose			
Shared Injecting Equipment			
Use Alone			
Poor Injecting Technique			
Blackouts			
Violence/Assault			
Unsafe Sex			
Polydrug Use			
Drives Whilst Intoxicated			
Suicide/self-harm			